



Charlie Crist
Governor

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State Surgeon General

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TAYLOR COUNTY HEALTH DEPARTMENT RECOGNIZES DEDICATED HEALTH CARE PROFESSIONAL

PERRY – Taylor County Health Department joins the U.S. Department of Health and Human Services' Office on Women's Health in celebrating National Women's Health Week. National Women's Health Week is a nationwide initiative that highlights the importance of women's health. The Taylor County Health Department would like to take this opportunity to recognize a dedicated woman who is working locally in the health field.

Kristie Lutz is the Human Service Program Manager at the Taylor County Health Department (TCHD). She has been with TCHD for nine years and has held various job titles throughout this time. Currently, Kristie supervises the Healthy Start, Healthy Families, Tobacco Prevention and Chronic Disease programs. Each program has a different role in public health, but under Kristie's supervision, they all work together seamlessly as a team.

As supervisor of the Healthy Start Program, Kristie has spearheaded the development of two of TCHD's most successful educational programs. In 2001, she introduced the Childbirth Education Class which is open to all pregnant women in the community and to the support system of these expectant mothers. As a direct result of this effective project, the TCHD Group OB class was formed in 2007. The purpose of each of these projects is to provide education and outreach to pregnant women in the community to help reduce infant mortality and low birth weight babies. Collectively, these two projects have reached hundreds of women in Taylor County. Kristie goes beyond her job description to provide the best possible services and education to women in the community.

Additionally, she works tirelessly to secure funding for projects that will improve the health and safety of our community. For example, one particular grant provided by the Florida Department of Transportation, has allowed the Healthy Start staff to provide car seats to countless parents. Kristie also volunteers her time to organizations such as the March of Dimes and United Way.

Kristie Lutz is dedicated to establishing and maintaining programs that will have a positive impact on the health of Taylor County. She is truly an inspiration to all of those whose lives she has touched as well as to those who find themselves fortunate enough to work with her each day.

National Women's Health Week begins on Mother's Day, May 10, and continues until May 16. On National Women's Checkup Day, May 11, women across the country are encouraged to visit their doctor. In addition, the Woman Challenge, an eight-week online physical activity program, will be held May 10–July 4. For more information about National Women's Health Week, visit www.womenshealth.gov/whw.



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DOH promotes, protects and improves the health of all people in Florida. For more information about the Taylor County Health Department, visit www.doh.state.fl.us/chdTaylor/Index.htm.

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