

FACT SHEET

Child Care Food Program Day Care Homes

August 2011

The Child Care Food Program provides reimbursement for nutritious meals and snacks served to children in child care settings. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Childcare Food Programs.

Eligibility Requirements

- Family day care homes participating must be licensed by the appropriate child care licensing authority.
- Family day care homes must operate under the auspices of a sponsoring organization that contracts with the department.

Funding

The Child Care Food Program will reimburse up to two meals and one snack or two snacks and one meal per child, per day.

- Reimbursable meals and snacks may be served to eligible children 12 years of age and younger; migrant children may be served through age 15 and children with disabilities may be served regardless of their age if the majority of the persons being served are 18 or under.
- Reimbursement is determined by the number of eligible enrolled participants who are served creditable meals, and the current reimbursement rates set by the U.S. Department of Agriculture.
- Meals served to children are reimbursed at two different rates: Tier I (Breakfast \$1.24, Lunch or Supper \$2.32, Snack \$.69); Tier II (Breakfast \$.45, Lunch or Supper \$1.40, Snack \$.19).

Record Keeping Requirements

Providers must keep enrollment records, daily meal counts and menus to qualify for reimbursement.

Nutrition Requirements

Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age. A breakfast must include at least three food components (meat/meat alternate is optional), a lunch/supper must include all four components with an additional fruit and/or vegetable, and a snack must include at least two different food components. The meal pattern food components are:

- Fluid milk,
- Fruits and vegetables,
- Grains and breads, and
- Meat and meat alternates

Please refer to sample menu provided.

For further information, telephone or write to:

Florida Department of Health
Bureau of Childcare Food Programs
4052 Bald Cypress Way, Bin #A-17
Tallahassee, FL 32399-1727
Phone: 850.245.4323 Fax: 850.414.1622
www.doh.state.fl.us/ccfp/



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Child Care Food Program Sample Day Care Home Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Mixed Fruit Cup Grits Milk	Strawberries Whole Wheat Waffle <i>Margarine</i> Milk	Mandarin Oranges Whole Wheat Toast <i>Margarine</i> Milk	Peaches Scrambled Egg Whole Wheat English Muffin <i>Margarine</i> Milk	Cinnamon Applesauce French Toast <i>Syrup</i> Milk
Lunch	Roast Chicken Mashed Sweet Potatoes Broccoli Whole Wheat Roll Pineapple Tidbits Milk	Baked Chicken Cheddar Cheese Green Salad (Romaine Lettuce, Tomato, Cucumber) <i>Lowfat Ranch Dressing</i> Tortilla Peaches Milk	Black Eyed Peas Rice Mustard Greens Corn Bread Grape Halves Milk	Ground Beef Mashed Potatoes Peas & Carrots Whole Wheat Roll <i>Margarine</i> Milk	Turkey Stewed Tomatoes Whole Wheat Bread Pears Milk
Snack	Oatmeal Cookies Banana	Peanut Butter Apple Wedges	Whole Grain Crackers Cucumber/Carrot/ Celery Sticks <i>Lowfat Ranch Dressing</i>	Coleslaw Saltine Crackers	Animal Crackers Mandarin Oranges

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item).

Note: Additional sample menus can be found on our website: www.doh.state.fl.us/ccfp/