

**Florida
Asthma
Coalition**



2011 Asthma Care Resource Guide



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1. Basic Asthma Information

What Is Asthma?

Asthma is a disease that affects your lungs. It is one of the most common long-term diseases in children, but adults have asthma too. Asthma causes repeated episodes of wheezing, breathlessness, chest tightness, and nighttime or early morning coughing. If you have asthma, then you have it all the time; however, you will have asthma attacks only when something bothers your lungs.

In most cases we do not know what causes asthma, and we do not know how to cure it. We do know that if someone in your family has asthma, then you are also more likely to have it.

You can control your asthma and avoid attacks by knowing the warning signs of an attack, staying away from things that trigger an attack, and following the advice of your doctor or other medical professional. When you control your asthma:

- you will not have symptoms such as wheezing or coughing,
- you will sleep better,
- you will not miss work or school,
- you can take part in all physical activities, and
- you will not have to go to the hospital.

How Is Asthma Diagnosed?

Asthma can be hard to diagnose, especially in children younger than 5 years of age. Regular physical checkups that include checking your lung function and checking for allergies can help your doctor or other medical professional make the right diagnosis.

During a checkup the doctor or other medical professional will ask you questions about whether you cough a lot, especially at night, and whether your breathing problems are worse after physical activity or during a particular time of year. Doctors will also ask about other symptoms, such as chest tightness, wheezing, and colds that last more than 10 days. They will ask you whether your family members have or have had asthma, allergies, or other breathing problems, and they will ask you questions about your home. The doctor will also ask you about missing school or work, and about any trouble you may have doing certain activities.

A lung function test, called *spirometry* (spy-rom-e-tree), is another way to diagnose asthma. A spirometer (spy-rom-e-ter) measures the largest amount of air you can exhale, or breathe out, after taking a very deep breath. The spirometer can measure airflow before and after you use asthma medicine.

What Is An Asthma Attack?

An asthma attack happens in your body's airways, which are the paths that carry air to your lungs. As the air moves through your lungs the airways become smaller, like the branches of a tree are smaller than the tree trunk. During an asthma attack, the sides of the airways in your lungs swell and the airways shrink. Less air gets in and out of your lungs, and mucus that your body produces clogs up the airways even more. The attack may include coughing, chest tightness, wheezing, and trouble breathing. Some people call an asthma attack an *episode*.

What Causes An Asthma Attack?

An asthma attack can occur when you are exposed to things in the environment, such as house dust mites and tobacco smoke. These are called *asthma triggers*.

What Are Asthma Triggers?

Your personal triggers can be very different from those of another person with asthma. Nonetheless, in every case it is important to avoid your triggers to keep airway inflammation to a minimum and reduce the symptoms. Some of the most important triggers are listed below.

Learn what triggers your attacks so that you can avoid the triggers whenever possible. Be alert for a possible attack when the triggers cannot be avoided. ***Remember, you can control your asthma!***

- **Environmental Tobacco Smoke (Secondhand Smoke):** Environmental tobacco smoke is often called *secondhand smoke* because the smoke created by a smoker is breathed in by a second person nearby. Parents, friends, and relatives of children with asthma should try to stop smoking, and should never smoke around a person with asthma. They should only smoke outdoors, and not smoke in the family home or car. They should not allow others to smoke in the home, and they should make sure their child's school is smoke-free.
- **Dust Mites:** Dust mites are in almost everybody's homes, but they do not cause everybody to have asthma attacks. If you have asthma, dust mites may be a trigger for an attack. To help prevent asthma attacks, use mattress covers and pillowcase covers to make a barrier between dust mites and yourself. Do not use down-filled pillows, quilts, or comforters. Remove stuffed animals and clutter from your bedroom.
- **Outdoor Air Pollution:** Pollution caused by industrial emissions and automobile exhaust can cause an asthma attack. Pay attention to air quality forecasts on radio, television, and Internet. Plan your activities for when air pollution levels will be low if air pollution aggravates your asthma.
- **Cockroach Allergen:** Cockroaches and their droppings may trigger an asthma attack. Get rid of cockroaches in your home, and keep them from coming back by taking away their food and water. Cockroaches are usually found where food is eaten and crumbs are left behind. Remove as many water and food sources as you can because cockroaches need food and water to survive. At least every 2 to 3 days, vacuum or sweep areas that might attract cockroaches. You can also use roach traps or gels to decrease the number of cockroaches in your home.**Pets:** Furry pets, such as cats and dogs, may trigger an asthma attack. When a furry pet is suspected of causing asthma attacks, the simplest solution is to find the pet another home. If pet owners are too attached to their pets or are unable to locate a safe, new home for the pet, then they should keep the pet out of the bedroom of the person with asthma. Pets should be bathed weekly and kept outside as much as possible. People with asthma are not allergic to their pet's fur (it is the skin flakes, urine and/or saliva), so trimming your pet's fur will not help your asthma. If you have a furry pet, vacuum often to clean up anything that could cause an asthma attack. If your floors have a hard surface, such as wood or tile, and are not carpeted, then damp mop them every week.
- **Mold:** Inhaling or breathing in mold can cause an asthma attack. Get rid of mold in all parts of your home to help control your asthma attacks. Keep the humidity level in your home between 35% and 50%. In hot, humid climates you may need to use an air conditioner or a dehumidifier, or both. Fix water leaks to prevent mold to grow behind

walls and under floors. **Other Triggers:** Strenuous physical exercise; some medicines; bad weather, such as thunderstorms, high humidity, or freezing temperatures; biomass smoke from burning wood, grass, or other vegetation; and some foods and food additives can trigger an asthma attack. Strong emotional states can also lead to hyperventilation and an asthma attack.

Asthma In Florida: 2009 Surveillance Data

- Lifetime prevalence of asthma in children less than 18 years of age: **16.4%**
Source: Florida Child Health Survey, 2008-2009.
- Lifetime prevalence of asthma in adults 18 years of age and greater: **11.7%**
Source: Behavioral Risk Factor Surveillance System, 2009.
- Asthma hospitalization rate per 10,000 (primary diagnosis): **15.48**
Source: Agency for Health Care Administration, 2009.
- Asthma emergency department visit rate per 10,000 (primary diagnosis): **45.6**
Source: Agency for Health Care Administration, 2009.
- Asthma deaths rate per 10,000 (primary diagnosis): **0.9**
Source: Florida Vital Statistics, 2009.

2. National Asthma Resources

Note: Resources listed in this section have been provided by members or partners of the Florida Asthma Coalition. The list is not comprehensive. Inclusion on this list does not represent an endorsement by the Florida Asthma Coalition of any program, clinician or organization. If you would like your program, organization or office to be included, please e-mail your organization's name, address, phone number, e-mail address, web address, and brief description to FLAsthmaCoalition@gmail.com with the subject line "Resource Guide."

American Academy of Allergy, Asthma and Immunology

Web: www.aaaai.org

American College of Allergy, Asthma and Immunology

Web: www.acaai.org and www.allergyandasthmarelieve.org

American Lung Association

Web: www.usalung.org

Phone: 1.800.LUNGUSA

Allergy and Asthma Foundation of America

Web: <http://www.aafa.org/>

Toll Free Hotline: 1.800.7.ASTHMA (1.800.727.8462)

Centers for Disease Control and Prevention: Asthma

Web: <http://www.cdc.gov/asthma/program.htm>

Environmental Protection Agency

Web: www.epa.gov/asthma

Institute of Medicine

Web: <http://www.nap.edu/openbook.php?isbn=0309064961>

National Association of State Boards of Education

Web: http://www.nasbe.org/HealthySchools/States/State_Policy.asp

National Institute for Occupational Safety and Health

Web: <http://www.cdc.gov/niosh/topics/asthma/>

National Asthma Education and Prevention Program

Phone: 301.592.8573

Web: www.nhlbi.nih.gov and <http://nhlbi.nih.gov/health/public/lung/index.htm#asthma>

3. Florida Asthma Resources: Regional & Statewide

Note: Resources listed in this section have been provided by members or partners of the Florida Asthma Coalition. The list is not comprehensive. Inclusion on this list does not represent an endorsement by the Florida Asthma Coalition of any program, clinician or organization. If you would like your program, organization or office to be included, please e-mail your organization's name, address, phone number, e-mail address, web address, and brief description to FLAsthmaCoalition@gmail.com with the subject line "Resource Guide."

American Lung Association of Florida

Locations: Bonita Springs, Ft. Lauderdale, Jacksonville, Orlando, St. Petersburg, Tallahassee, and West Palm Beach

Phone: 1.800.LUNGUSA

Web: www.lungusa.org/associations/states/florida/about-us/

Florida Department of Health

Asthma Prevention and Control Program

4052 Bald Cypress Way

Tallahassee, FL 32399

850-245-4299

Web: <http://www.doh.state.fl.us/environment/medicine/Asthma/>

Camp Boggy Creek

30500 Brantly Road

Eustis, FL 32736

Toll Free: 866-Go Boggy or 352-483-4200

Web: www.boggycreek.org

Description: Camp Boggy Creek is a permanent, year-round facility where children between the ages of 7-16 with chronic or life-threatening illnesses can come at no charge for them or their families. Camp Boggy Creek provides a safe and exciting camp experience for children with asthma.

Jacksonville Asthma Coalition – Healthy Jacksonville

Web: <http://www.jaxasthmacoalition.org/>

Web: <http://www.communityasthmajax.org/>

Tampa Bay Asthma Coalition (TBAC)

E-Mail: tampabayasthmacoalition@verizon.net

The A-Team Asthma Coalition

E-mail: Kelly.giber@baycare.net

South Florida Asthma Consortium

Web: <http://www.southfloridaasthma.org/>

Suncoast Pediatric Asthma Coalition

Web: <http://www.allkids.org/asthma>

4. Florida Asthma Resources: County Specific

(Listed Alphabetically)

Note: Resources listed in this section have been provided by members or partners of the Florida Asthma Coalition. The list is not comprehensive. Inclusion on this list does not represent an endorsement by the Florida Asthma Coalition of any program, clinician or organization. If you would like your program, organization or office to be included, please e-mail your organization's name, address, phone number, e-mail address, web address, and brief description to FLAsthmaCoalition@gmail.com with the subject line "Resource Guide."

Alachua

[Alachua County Health Department](#)

P.O. Box 1327
224 SE 24th St.
Gainesville, FL 32641
(352) 334-7900
FAX (352) 955-6428

UF Pediatric Pulmonary at Shands Medical Plaza

2000 S.W. Archer Road
Second Floor
Gainesville, FL 32608
Phone (877) KIDS.R.UF
Phone (352) 265-8250 or (800) 543-7783
Fax (352) 273-5633

Web: <http://www.peds.ufl.edu/divisions/pulmonary/>

Description: Board certified pediatric pulmonologists with an interdisciplinary team of health care providers including a family partner.

Pulmonary Medicine at Shands

1600 S.W. Archer Road
Gainesville, FL 32608
Phone (352) 265-0139
Fax (352) 265-0487

Description: Board certified pulmonologists providing care for adults with pulmonary disorders including asthma.

Baker

Baker County Health Department

480 W. Lowder St.
Macclenny, FL 32063
(904) 259-6291 x 2230
FAX (904) 259-1950

Bay[Bay County Health Department](#)

597 W. 11th Street
Panama City, FL 32401
(850) 872-4720 x1122
FAX (850) 872-4824

Bradford[Bradford County Health Department](#)

1801 N. Temple Ave.
Starke, FL 32091
(904) 964-7732
FAX (904) 964-3024

Brevard[Brevard County Health Department](#)

2575 N Courtenay Pkwy
Merritt Island, FL 32953
(321) 454-7111
FAX (321) 454-7115

Broward[Broward County Health Department](#)

780 SW 24th Street
Ft. Lauderdale, FL 33315
(954) 467-4705
FAX (954) 760-7798

[American Lung Association of Florida](#)

Phone: 1.800.LUNGUSA

[Joe DiMaggio CF and Pulmonary Specialists](#)

at Joe Di Maggio Children's Hospital
1000 Joe DiMaggio Drive
Hollywood, Florida 33021
(954) 987-2000

Calhoun[Calhoun County Health Department](#)

19611 SR 20 West
Blountstown, FL 32424
(850) 674-5645
FAX (850) 674-5420

Charlotte[Charlotte County Health Department](#)

514 E. Grace St.
Punta Gorda, FL 33950
(941) 624-7200
FAX (941) 624-7202

Citrus[Citrus County Health Department](#)

3700 W. Sovereign Path
Lecanto, FL 34461
(352) 527-0068 X261
FAX (352) 620-7565

[Dr. Alibrahim, Allergist](#)

508 N Lecanto Hwy.
Lecanto, FL 34461
352-746-3336

Clay[Clay County Health Department](#)

P.O. Box 578
301 S. West St.
Green Cove Springs, FL 32043
(904) 529-2801
FAX (904) 529-2803

Collier[Collier County Health Department](#)

P. O. Box 429
3301 E. Tamiami Trail, Bldg. H
Naples, FL 34112-4961
(239) 252-8200
FAX (239) 252-2552

Columbia[Columbia County Health Department](#)

217 N.E. Franklin Street
Lake City, FL 32055
(386) 758-1068
FAX (386) 758-3900

Dade[Dade County Health Department](#)

1350 N.W. 14th St.
Miami, FL 33125
(305) 324-2400

[Miami Children's Hospital](#)

Asthma Care with board certified pediatric pulmonologists:
Moises Simpser, MD, FAAP, FCCP Director
Antonio M. Rodriguez, MD, FAAP, Maria Estela Franco MD
305-662-8380

DeSoto[DeSoto County Health Department](#)

34 South Baldwin Avenue
Arcadia, FL 34266
(863) 993-4601
FAX (863) 993-4606

Dixie[Dixie County Health Department](#)

149 NE 241st St.
Cross City, FL 32628
(352) 498-1360
FAX (352) 498-1363

Duval[Duval County Health Department](#)

900 University Boulevard North
Jacksonville, FL 32211
(904) 253-1000
FAX (904) 632-5338

[The Jacksonville Asthma Coalition](#)

Web: www.jaxasthmacoalition.org

[Agape Community Health Center – Primary Pediatric Care for Children](#)

1760 West Edgewood Ave
904-253-1030
Web: www.dchd.net/agape.htm

Volunteers in Medicine (VIM)

41 East Duval Street

Jacksonville, FL

904-399-2766;

Web: www.vim-jaz.org/

Description: Free Outpatient primary medical care for routine medical problems. Unemployed, uninsured Duval County residents are eligible.

We Care Jacksonville, Inc.

904-253-1640

Web: www.wecarejacksonville.org

Description: The mission of WE CARE Jacksonville is to improve the access to health care for Jacksonville's uninsured and eligible residents. Several clinics provide basic health care for eligible participants at no cost. The volunteer-led clinics are operated by various organizations independent of WE CARE Jacksonville. If specialty care or additional services beyond the scope of the clinics are needed, referrals are made to the WECARE Jacksonville program. WECARE attempts to meet the specialty care needs of those referred through volunteer physician specialists and hospital-based diagnostic and treatment services.

Nemours Children's Clinic

807 Children's Way, Jacksonville, FL 32207

904-697-3529 or 904-697-2682

e-mail: asthmaresearch@nemours.org; mmcrae@nemours.org

Web: <http://www.jhcct.org/public/ACRCContacts.asp>

Description: Services and Research in partnership with the American Lung Association's Asthma clinical Research Center Network.

Community Asthma Partnership at Wolfson Children's Hospital

800 Prudential Drive

Jacksonville, FL 32207

(904) 202 - 8000 or 904-202-5132

Description: Provides services for schools, communities and families.

<http://www.wolfsonchildrens.org/programsservices/programs/capw/Pages/default.aspx>

<http://www.wolfsonchildrens.org/programs-services/programs/capw/Pages/default.aspx>

UF Asthma Clinic at Shands Jacksonville

UF Health Science Center/Faculty Clinic

2nd Floor, 653 West Eighth Street

Jacksonville, FL 32209

Phone: 904-244-3273

Description: Provides specialty care for adults with uncontrolled Asthma. Accepts commercial insurance, Medicaid, Medicare and patient qualified for financial assistance through Shands Jacksonville/City of Jacksonville.

American Lung Association of Florida

Phone: 1.800.LUNGUSA

Escambia

Escambia County Health Department

1295 W. Fairfield Drive
Pensacola, FL 32501
(850) 595-6500
Fax (850) 595-6745

American Lung Association of Florida

4300 Bayou Blvd
Pensacola, FL 32503-2671
Phone: 1.800.LUNGUSA

Nemours Children's Clinic

5153 N. 9th Ave
Pensacola, FL 32504
Dr. Kevin Maupin- Pediatric Pulmonologist: 850-505-4785
Dr. Brandon Dorion – Pediatric Allergist & Rheumatologist: 850-505-4730
Summer Asthma Camp

Dr. Crawford Cleveland – Allergist

3298 Summit Blvd
Pensacola, FL 32503
850-469-8010

Dr. Stephen Kimura – Allergist

4601 Spanish Trail
Pensacola, FL 32504-5039
850-969-2340

Allergy Partners of the Emerald Coast

Dr. Michael Neuland
339 NW Racetrack Rd, Suite 17
Fort Walton Beach, FL 32547
and
150 East Redstone Ave Suite B
Crestview, FL 32539
850-423-4501

Dr. Thomas G. Westbrook – Allergist

6160 N Davis Hwy
Pensacola, FL 32504
850-473-1121

Dr. Frank Lachowsky – Allergist and Immunologist

41 Fairpoint Dr.
Gulf Breeze, FL 32561
and
9400 University Parkway
Pensacola, FL 32514
850-477-5656

Sacred Heart Hospital

5151 N Ninth Ave
Pensacola, FL 32504
850-416-7764

Description: The education department provides one-on-one teaching in the hospital, educates school nurses in the area, and conducts asthma education classes.

Escambia Community Clinics

2200 North Palafox St.
Pensacola, FL 32501
850-436-4630

Description: Provides One-on-one education and monthly classes.

Flagler

[Flagler County Health Department](#)

P.O. Box 847
301 S. Lemon St.
Bunnell, FL 32110
(386) 437-7350
FAX (386) 437-8207

Franklin

[Franklin County Health Department](#)

139 12TH Street
Apalachicola, FL 32320
(850) 653-2111
FAX (850) 653-9896

Gadsden

[Gadsden County Health Department](#)

P.O. Box 1000
278 LaSalle LeFall Dr.
Quincy, FL 32353
850 -875-7200 Ext. 325
FAX (850) 627-9134

Gilchrist

[Gilchrist County Health Department](#)

119 NE 1st Street
Trenton, FL 32693
(352) 463-3120
FAX 352-463-3425

Glades[Glades County Health Department](#)

P.O. Box 489
998 Hwy. 27
Moore Haven, FL 33471
(863) 946-0707
FAX (863) 946-3097

Gulf[Gulf County Health Department](#)

2475 Garrison Ave
Port St. Joe, FL 32456
(850) 227-1276
FAX (850) 227-1766

Hamilton[Hamilton County Health Department](#)

P.O. Box 267
209 S.E. Central Ave.
Jasper, FL 32052
(386) 792-1414
FAX (386) 792-2352

Hardee[Hardee County Health Department](#)

115 K D Revell Rd.
Wauchula, FL 33873-2051
(863) 773-4161
FAX (863) 773-0978

Hendry[Hendry County Health Department](#)

P.O. Box 70
1140 Pratt Blvd.
LaBelle, FL 33975-0070
(863) 674-4056 X 108
FAX (863) 674-4605

Hernando[Hernando County Health Department](#)

15470 Flight Path Drive
Brooksville, FL 34604
(352) 540-6800
FAX (352) 754-4132

Highlands

Highlands County Health Department

7205 S. George Blvd.
Sebring, FL 33875
(863) 386-6040
FAX (863) 382-9482

Hillsborough

Hillsborough County Health Department

P.O. Box 5135
Tampa, FL 33675-5135

1105 E. Kennedy Boulevard
Tampa, FL 33602
(813) 307-8000
FAX (813) 272-6984

University of South Florida Pediatric Pulmonology

Dr. Bruce Schnapf
2 Tampa General Circle
Tampa, FL 33606

Dr. Gondor, Dr. Kriseman & Dr. Ewig

601 5th Street S.
Suite 708
St. Petersburg, FL 33701
727-767-4146

Partners in Allergy & Asthma Care

Drs. Halsey, Kalik, Pae and Vu
3658 Lithia Pinecrest Rd.
Valrico, FL 33596
813-681-6537

and

13105 Elk Mountain Dr.
Riverview, FL 33579
813-681-6537

Tampa Bay Asthma Coalition

P.O. Box 270238
Tampa, FL 33688
813-417-1648

Description: This group consists of medical providers, Asthma educators, Environmental Specialist (Healthy Homes Programs IAQ & Tobacco) an agency working with at-risk populations and Hospitals (Tampa General and St. Joseph Hospitals).

American Lung Association of Florida

Phone: 1.800.LUNGUSA

Environmental Protection Commission of Hillsborough County (EPC)

813-627-2600

Web: www.epchc.org

St. Joseph's Children's Advocacy Center, Asthma Prevention Program

813-615-0589

Web: (www.stjosephschildrens.com)

Description: Committed to providing everything needed for the health and well being of children. Program is designed to help reduce the burden of asthma for children and their families in our community.

Take Charge!!! Lifestyle Management, Inc.

813-932-9019

Web: www.takecarhgelifestylemgt.com

Description: A behavioral health education company passionately dedicated to providing quality educational resources and services to the Tampa Bay community. The organization provides education, training, advocacy and resources specific to the issues of immune health, indoor and outdoor air quality, asthma, asthma management, tobacco, smoking cessation, stress management and self-image. Take charge equips organizations, families, and individuals with knowledge and self-health management.

Holmes

[Holmes County Health Department](#)

P.O. Box 337

603 Scenic Circle

Bonifay, FL 32425

(850) 547-8500

FAX (850) 547-8515

Indian River

[Indian River County Health Department](#)

1900 27th Street

Vero Beach, FL 32960

(772) 794-7400

FAX (772) 794-7453

Jackson

[Jackson County Health Department](#)

P.O. Box 310

3045 4th Street

Marianna, FL 32447

(850) 526-2412 X104

FAX (850) 718-0383

Jefferson**[Jefferson County Health Department](#)**

1255 W. Washington St.
Monticello, FL 32344
(850) 342-0170
FAX (850) 342-0257

Lafayette**[Lafayette County Health Department](#)**

P.O. Box 1806
140 SW Virginia Circle
Mayo, FL 32066-1806
(386) 294-1321
FAX (386) 294-3876

Lake**[Lake County Health Department](#)**

P.O. Box 1305
Tavares, FL 32778
16140 US Hwy 441
Eustis, FL 32726
(352) 589-6424, x2225
FAX (352) 589-6496

Satellite Office

South Lake Hospital
Centre for Women's Health
1099 Citrus Tower Blvd.
Clermont, FL 34711
(352) 241-9723

Lee**[Lee County Health Department](#)**

3920 Michigan Avenue
Ft. Myers, FL 33916
(239) 332-9501
FAX (239) 332-9656

Drs. Oscar Alea & Jean Baptiste: Pulmonologists

7970 Summerlin Lakes Drive
Suite 200
Fort Myers, FL 33907

Dr. Luis Faverio, Pulmonologist

Fort Myers Office
15740 New Hampshire Court, Suite B
Fort Myers, FL 33908

and

Naples Office
1665 Medical Blvd.
Naples, FL 34110
Office: 239-466-1243
Fax: 239-466-6405

American Lung Association of Florida

Phone: 1.800.LUNGUSA

Leon

[Leon County Health Department](#)

P.O. Box 2745
2965 Municipal Way
Tallahassee, FL 32316
(850) 606-8150
FAX (850) 487-7954

Levy

[Levy County Health Department](#)

66 W. Main Street
Bronson, FL 32621
(352) 486-5300
FAX (352) 486-5307

Liberty

[Liberty County Health Department](#)

P.O. Box 489
12832 North Central Ave.
Bristol, FL 32321
(850) 643-2415
FAX (850) 643-5689

Madison

[Madison County Health Department](#)

218 S.W. Third Avenue
Madison, FL 32340
(850) 973-5000
FAX (850) 973-5007

Manatee[Manatee County Health Department](#)

410 6th Avenue E.
Bradenton, FL 34208-1968
(941) 748-0747 X 1222
FAX (941) 714-7282

Marion[Marion County Health Department](#)

P.O. Box 2408
1801 S.E. 32nd Ave.
Ocala, FL 34478
(352) 629-0137
FAX (352) 694-1613

Martin[Martin County Health Department](#)

3441 SE Willoughby Blvd.
Stuart, FL 34994
(772) 221-4000
FAX (772) 221-4990

Monroe[Monroe County Health Department](#)

P.O. Box 6193
1100 Simonton St.
Key West, FL 33041-6193
(305) 293-7534
FAX (305) 293-7535

Nassau[Nassau County Health Department](#)

P.O. Box 517
30 South 4th St.
Fernandina Beach, FL 32035-0517
(904) 548-1800
FAX (904) 277-7286

Okaloosa[Okaloosa County Health Department](#)

221 Hospital Drive, NE
Ft. Walton Beach, FL 32548
(850) 833-9255
FAX (850) 833-9275

Carla Hinds, MD
Asthma & Allergy of Destin
971 Airport Road
Destin, FL
850-654-4641

Michael Neuland, MD
Allergy Partners of the Emerald Coast
850-863-1189
1. 339 Racetrack Road Fort Walton Beach, FL
2. 7720 Hwy 98 W Suite 240 Destin, FL
3. 150 B Redstone Avenue Crestview, FL

Okeechobee

[Okeechobee County Health Department](#)
1728 N.W. 9th Avenue
Okeechobee, FL 34973
863-462-5819
Fax 863-462-5219

Orange

[Orange County Health Department](#)
6101 Lake Ellenor Drive
Orlando, FL 32809
(407) 858-1400
FAX (407) 858-5514

Satellite Office
East Orlando
12050 E. Colonial Dr.
Orlando, FL 32826
(407) 249-6232 X249

Anderson, Michael W.
63 W. Underwood Street
Orlando, FL 32806
407-872-1110

Jacinto, Carlos M.
7232 W. Sandlake Road
Orlando, FL 32819
407-370-3705

Allergy Asthma Specialist
7758 Wallace Road
Orlando, FL 32819
407-352-4328

Description: Provides treatment and testing, Accepts private insurance, Medicaid, Medipass, and self-payment.

Allergy Asthma Specialist

10000 W. Colonial Drive
Suite 483
Ocoee, FL 34761
407-296-1929

Description: Provides treatment and testing. Accepts private insurance, Medicaid, Medipass, and self-payment.

Allergy Asthma Specialist

661 E. Altamonte Drive
Suite 315
Altamonte Springs, FL 32701
407-339-3002

Description: Provides treatment and testing. Accepts private insurance, Medicaid, Medipass, and self-payment.

Allergy Asthma Specialist

311 Citrus Tower Blvd.
Suite A
Clermont, FL 34711
352-243-6767

Description: Provides treatment and testing. Accepts private insurance, Medicaid, Medipass, and self-payment.

Center for Multi-Cultural Wellness and Prevention

641 N. Rio Grande Ave
Orlando, FL 32805
407-648-9440

American Lung Association of Florida

851 Outer Road
Orlando, FL 32814
Phone: 1.800.LUNGUSA

Shepherd's Hope

4851 S. Apopka-Vineland Road
Orlando, FL 32819
407-876-6699

Osceola

[Osceola County Health Department](#)

P.O. Box 450309
1875 Boggy Creek Rd.
Kissimmee, FL 34745-0309
(407) 343-2009
FAX (407) 343-2084

Palm Beach

[Palm Beach County Health Department](#)

P.O. Box 29
1150 45th St
West Palm Beach, FL 33402
(561) 514-5300
FAX (561) 514-5540

[Sallent Pediatric Respiratory](#)

500 US Highway 1
Lake Park, FL. 33403-3598
561-863-0105

Pasco

[Pasco County Health Department](#)

10841 Little Rd.
New Port Richey, FL 34654
(727) 861-5250

[USF/Ronald McDonald Care Mobile](#)

(813) 259-8754
Web: www.health.usf.edu/medicine/pediatrics

Pinellas

[Pinellas County Health Department](#)

205 Dr. M. L. King Street North
St. Petersburg, FL 33701
(727) 824-6900
FAX (727) 820-4275

[All Children's Hospital](#)

501 Sixth Avenue South
St. Petersburg, FL 33701.

[St. Petersburg Children's Medical Services](#)

957 4th Street S., St. Petersburg, FL 33701
Description: Clinics are open the 3rd and 4th Wednesdays of the month. Families are to contact their Nurse Care Coordinator to set up appointment.

Polk

[Polk County Health Department](#)

1290 Golfview Avenue
Bartow, FL 33830
(863) 519-7900 X1002
FAX 863-534-0293

The Haley Center

122 West Central Avenue

Winter Haven, FL

Email: haleycenter@gmail.com

Phone: 863-299-6562

FAX: 863-294-0985.

Lakeland Volunteers in Medicine

1021 Lakeland Hills Blvd.

Lakeland, FL 33805

Phone: 863-688-LVIM (5846)

Fax: 863-802-4640

Description: Lakeland Volunteers In Medicine (LVIM) is a volunteer-run medical clinic that provides free quality medical care to the working uninsured of Polk County. LVIM currently has over 400 medical and lay volunteers who donate their time and expertise to care for LVIM patients.

Lake Wales Care Center

140 E. Park Ave

Lake Wales, FL 33853

863-676-6678

Parkview Outreach Community Center Medical Center

1205 Dr. Martin L King Jr Way

Haines City, FL 33844

Phone: (863) 353-6853

Fax (863) 438-2752

Talbot House

814 N Kentucky Avenue

Lakeland, FL 33801-1777

(863) 616-9105

Central Florida Health Care

Web: <http://www.cfhconline.org/>

Description: All ages have access to a full range of primary care services within the system. Services are provided regardless of the patient's ability to pay. An up-to-date approved fee schedule based on the most current federal poverty guidelines is available and accessible. Patient health education and services offered are available in English and Spanish, and patients with reading difficulty are provided with assistance.

Polk Health Care Plan

Web: <http://apps.polk-county.net/php/site/eligibility/docs/MemberHandbook111809.pdf>

Putnam

Putnam County Health Department

2801 Kennedy Street

Palatka, FL 32177

(386) 326-3200

FAX (386) 326-3350

Santa Rosa

[Santa Rosa County Health Department](#)

P.O. Box 929
5527 Stewart Street
Milton, FL 32572-0929
(850) 983-5200
FAX (850) 983-5215

[Asthma Camp for Kids, American Lung Association of FL, NW Region](#)

4300 Bayou Boulevard
Pensacola, FL 32503-2671
850-478-5864
www.lungusa.org

[Nemours Children's Clinic](#)

5153 North 9th Avenue
Pensacola, FL 32504-8744
850-505-4700
Web: www.Nemours.org

[The Andrews Institute](#)

1040 Gulf Breeze Parkway
Gulf Breeze, FL 32536
Jeremy Lowery, ATC, LAT – Director of Sports Medicine
850-934-2180
Or
Chad Gilliland, ATC, MSM, LAT – Chief Operating Officer
850-916-8701
Web: www.theandrewsinstitute.com

Sarasota

[Sarasota County Health Department](#)

P.O. Box 2658
Sarasota, FL 34230-2658
(941) 861-2900
FAX (941) 861-2828

Seminole

[Seminole County Health Department](#)

400 West Airport Blvd.
Sanford, FL 32773-5496
(407) 665-3000
FAX (407) 665-3259

St. Johns**[St. Johns County Health Department](#)**

1955 US 1 South, Suite 100
St. Augustine, FL 32086
(904) 825-5055
FAX (904) 823-4062

American Lung Association in Florida

6852 Belfort Oaks Place,
Jacksonville, FL, 32216
T: (904) 743-2933
Fax: (904) 743-2916
E-mail: alaf@lungfla.org

Nemours Pediatrics Jacksonville

807 Children's Way
Jacksonville, FL. 32207
904-390-3788

St. Lucie**[St. Lucie County Health Department](#)**

5150 NW Milner Drive
Port St. Lucie, FL 34983
(772) 462-3800
FAX (772) 873-4941

Sumter**[Sumter County Health Department](#)**

P.O. Box 98
415 E. Noble Ave.
Bushnell, FL 33513
(352) 793-6979
FAX (352) 568-0930

Satellite Office

104 Rutland Street
Wildwood, FL 34785
(352) 330-1313 X245
FAX (352) 568-0930

Suwannee[Suwannee County Health Department](#)

P.O. Drawer 6030
915 Nobles Ferry Rd.
Live Oak, FL 32060
(386) 362-2708
FAX (386) 362-6301

Taylor[Taylor County Health Department](#)

1215 North Peacock Avenue
Perry, FL 32347
(850) 584-5087 X174
FAX (850) 584-8653

Union[Union County Health Department](#)

495 East Main Street
Lake Butler, FL 32054
(386) 496-3211
FAX (386) 496-1599

Volusia[Volusia County Health Department](#)

P.O. Box 9190
Daytona Beach, FL 32120

1845 Holsonback Dr.
Daytona Beach, FL 32117
(386) 274-0614
FAX (386) 274-0612

Wakulla[Wakulla County Health Department](#)

48 Oak St.
Crawfordville, FL 32327
(850) 926-3591
FAX (850) 926-1938

Walton

[Walton County Health Department](#)

362 State Highway 83
DeFuniak Springs, FL 32433
(850) 892-8015
FAX (850) 892-8457

Washington

[Washington County Health Department](#)

P.O. Box 648
1338 South Blvd.
Chipley, FL 32428
(850) 638-6240
FAX (850) 638-6244